



Mission Statement

Quality choices in a caring and inclusive, home-like community.

A tradition of promoting dignity and independence for those we serve and their families.

February is Therapeutic Recreation Month!

Therapeutic Recreation supports well-being through meaningful activities that bring joy, connection and purpose to everyday life. From social programs and creative experiences to physical movement and quiet one-to-one moments, Therapeutic Recreation nurtures emotional, social, physical and cognitive well-being and helps everyone who lives here continue to do the things that matter most to them.

This month is our chance to celebrate the impact of Therapeutic Recreation at The Elliott Community. Be sure to follow The Elliott Community on social media to see photos highlighting the benefits across all areas of wellness.

Joke Junction

**What did the cat say
to her crush on
Valentine's Day?**

"You're purrfect for me."



RD

**What did the
farmer give his wife
for Valentine's Day?**

Hogs and kisses.



RD



FEBRUARY OUTINGS

Bowling Outing to Splittsville Bowling

Wednesday February 11th Leaving at 1:15pm



Cost is \$10 transportation plus cost of bowling



Guelph Storm Game Outing

Monday February 16th Leaving at 1:15pm

Cost is \$10 transportation plus spending money

Shopping at Giant Tiger Outing



Monday February 23rd Leaving at 1:30 p.m.

Cost is \$10 transportation plus spending money



Guelph Little Theatre- Mary Poppins Jr

Saturday February 28th Leaving at 12:45pm

Cost is \$45 which includes transportation and ticket

All outings require sign-up through Recreation. Please note that spots are limited, so while we strive to accommodate all requests, availability is not guaranteed.

February Community Centre/Chapel Programs & Events

Sunday February 1st at 2:00pm

Wellington 4H Square Dancing Performance



Wednesday February 11th at 10:00am

St. Andrew's Service



Saturday February 14th at 2:00pm

Valentine's Day Tea with Brent Stainton Entertaining

Wednesday February 11th at 10:00am

Trinity United Service

Wednesday February 18th at 10:00am

Roman Catholic Mass

Wednesday February 18th at 2:00pm

Accordion with Gary



Thursday February 19th at 2:00pm

Birthday Party with Woody Woodburn Entertaining

Wednesday February 25th at 10:00am

St. George's Service

Wednesday February 25th at 2:00pm

Happy Hour with Rob Edlefsen Entertaining



Working on our Wings

Updates on The Butterfly Approach for Residents and Families



The Elliott Community is the first long-term care home in Guelph accredited in The Butterfly Approach, an innovative, person-centred and emotion-focused model of care. The Wellington, Fountain and Edinburgh home areas. The Butterfly Approach is in progress on the Eramosa and Paisley home areas. The Elliott Community is working towards accreditation in all long-term care home areas in 2026.

Team Member Training Update

The team has completed their first day of Butterfly Training. This training day explored what it means to BE person-centred and how we can make small changes to restore choice for people who live here. During this training day, team members had the opportunity to observe a meal in one of the home areas to gain a better understanding of what it is like to live at The Elliott Community. We look forward to sharing more information over the next two months.

Thank You!

Thank you to everyone who has donated their mugs. We have collected all that we need and will roll them out to all home areas soon. Keep an eye on these monthly updates for items needed to enhance the Elliott environment and promote opportunities for meaningful engagement as we continue along our journey to implement The Butterfly Approach.

If you have questions or ideas regarding The Butterfly Approach, please contact Lindsay Marinovic, Resident Experience Lead at 519-822-0491 ext. 2110 or LMarinovic@elliottcommunity.org

INFECTION CONTROL & PREVENTION UPDATE

Your Visit Matters – Let's Keep Everyone Safe

February is still peak season for colds, flu, COVID-19, and other respiratory illnesses. Our residents are especially vulnerable, and your cooperation helps keep them safe and healthy.

Two simple actions make a big difference:

- ✓ Please stay home if you don't feel well.
- ✓ Clean your hands often during your visit.

Not Feeling Well? Please Postpone Your Visit

If you have any symptoms, even mild ones, we kindly ask that you delay your visit. This includes:

- ✓ Cough or sore throat
- ✓ Fever or chills
- ✓ Runny or stuffy nose
- ✓ Body aches or fatigue
- ✓ Upset stomach

Visiting while sick can unintentionally spread germs to residents and staff. Staying home when unwell is one of the most caring things you can do.

INFECTION CONTROL & PREVENTION UPDATE

IPAC Myth-Buster: “If I only have mild symptoms, it’s okay to visit.”

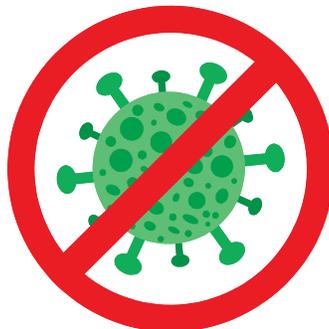
✗ Myth: A small cough or runny nose isn’t a big deal.

✓ Fact: Even mild symptoms can spread infection in long-term care. If you’re not feeling well, please delay your visit to help protect vulnerable residents.

Thank You for Helping Keep Our Home Safe

Your thoughtful actions help protect everyone in our community. By staying home when sick and practicing good hand hygiene, you help ensure a healthier environment for residents, staff, and fellow visitors.

If you have any questions, please speak with a member of our care team – we’re happy to help.

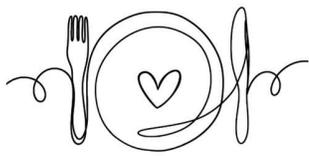




General Store Hours of Operation

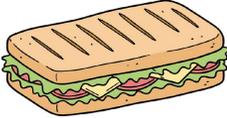
	Morning	Afternoon
Monday	9:30-11:30am	12:30-3:30pm
Tuesday	Closed	1:30-3:30pm
Wednesday	9:30-12:30pm	12:30-3:30pm
Thursday	9:30-12:30pm	12:30-2:20pm
Friday	9:30 - 12:00pm	Closed
Saturday	Closed	Closed
Sunday	9:30-12:30pm	Closed

Thank you for your business!



THE HUB
BALNAR FAMILY FOUNDATION
COMMUNITY CAFÉ

FEBRUARY SPECIALS MENU

MONDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Happy Hour & Trivia 6:30-7:30pm	4 Chinese New Year Plate \$14 	5 Happy Hour & BINGO 6:30-7:30pm	6 Fish & Chips \$14 
9 Happy Hour & Trivia 6:30-7:30pm	11 Soup & Fresh Bread \$10 	12 Happy Hour & BINGO 6:30-7:30pm	13 10:00-12:00pm Cupids Brunch \$12
16 Happy Hour & Trivia 6:30-7:30pm	18 Customize Your Own Pizza \$12 	19 Happy Hour & BINGO 6:30-7:30pm	20 
23 Happy Hour & Trivia 6:30-7:30pm	25 Panini & Salad \$12 	26 Happy Hour & BINGO 6:30-7:30pm	27 Fish or Shrimp Tacos \$12 

**Monday and Thursdays-
Happy Hour 6:30-7:30pm**

\$5.00/alcoholic drink (1 drink maximum)

**Wednesdays & Fridays:
11:00am-2:00pm Lunch**

